

The ⁶ Properties Every Healthy Water Has

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Hi, how are you? My name is LaPrentiss Sampson, and I want to congratulate you for showing interest in The Five Properties Every Healthy Water Has. Now, the reason why I know about this is because I had to go through this same journey myself.

You see, back in 2002, I was diagnosed with Sickle cell anemia, and I knew that I would have to drink tons and tons of water, not only to stay hydrated but to keep on living. And throughout the years, even though I was drinking water, it started to take more and more water to feel hydrated.

To make things worse, my skin has started peeling, cracking, and even bleeding. And I was wondering what was going on. I'm drinking a lot, like gallons of water, two gallons a day, and I was not getting any better. It came to the point where I had to go see a doctor for symptoms of plantar fasciitis, that I was starting to lose hope.

I was starting to give up. I couldn't work out anymore. I couldn't run and do the things I wanted to do. And also, I was ashamed to be out in public because my skin was breaking out so bad.

It wasn't until I stumbled upon a friend talking about a different kind of water that got me to question, am I drinking the right water? Is all water really created equal? More on that later...

So today I'm sharing with you the five properties every healthy water has, so you can know what water you need to ensure you have the best health. This will save you financially, physically, and mentally as well.

By the way, the water must have ALL five properties for maximum benefits. You'll see why soon enough :)

Well enough talking, let's get going!

01

Property #1: Must Be Pure And Free Of Chemicals

The first property is that the water must be pure and free of harmful chemicals. Let's be honest, your tap water has hundreds of chemicals in it from medicines that people flush down the toilet to when people wash their cars, to their stool.

Even the lye and chlorine are chemicals in our tap water, and it's used to kill bacteria.



The problem is our skin absorbs that chlorine when we shower, when we wash our hands. And it starts to affect our health as well. We consume that water and we end up suffering.

If you visit ewg.org/tapwater, you can see exactly what's in your tap in your local area and the problems those chmicals can bring.

Tap Water is Not The Only One...

Not only tap water, but bottled water also has chemicals that are added intentionally and unintentionally. Inorganic materials, such as baking soda and Epsom salts are added the waters to make it taste better and to make you thirsty.

Water that has been mixed with plastic due to water being a scavenger, creates a carcinogen known as Xenoestrogen, and that is linked to breast cancer.

In fact, 75% of men and women who have breast cancer end up having too much Xenoestrogen in their body.

So your first thing is that your water must be pure and free of harmful chemicals.



02

Property #2: Must Be Alkaline, Not Acidic

The second property of this healthy water is that it must be alkaline, not acidic. You see, if your water that you're consuming is acidic, it will end up eating the minerals that are in your body.

It will eat the potassium, magnesium, sodium, and calcium, which are essentially your electrolyte sources. And if you aren't consuming enough of those minerals, it's going to start taking it from you. PH

It's going to start taking it from your skin, which is why I was facing skin issues. It's going to start taking it from your joints, your ligaments, your bones. This is how osteoporosis happens.

And if you let it go on long enough, it's going to take it from your brain. And this is how Alzheimer's happens.

Ultimately, sickness will emerge if you are constantly consuming acidic water. If you're consuming alkaline water, then your body will be able to fight off that sickness and keep the minerals that it needs to maintain.

Oh...one more thing.

By the way, the bottles of alkaline water at the store...is not the true alkaline your body needs. Why? Because of the inorganic minerals added that we discussed in the last bullet point. Look up the ingredients and see for yourself :)

PH CHART	
10	ALKALINE
9	ALVALINL
8	
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6	
5	
4	
3	
2	ACID
0	AGID

Property #3: Big water molecules wont cut it!

Property number three is that your water must be small enough to be absorbed.

If our water is not small enough to get into our cells, it's not going to be able to push out the toxins that are in our cells and provide our body with the minerals that it needs.

In fact, water that is too big, (if you're drinking bottled water, you know this from experience), it just sits in our stomach.

Even if you drank a lot of water really quick, it just sits in your stomach. And then it doesn't go anywhere until we go to the bathroom and flush it out.

So, that third property is that our water must be small enough to be absorbed by your body.







Property #4: Got Minerals?

The fourth property of your healthy water is that it must provide minerals.



Potassium, magnesium, sodium, and calcium are our mineral and electrolyte sources. Our body craves these minerals or electrolytes for our joints, cartilage, bones and ligaments.

If our water cannot provide these minerals, it's essentially dead water. It's water we should not be consuming. It's not giving us anything.

In fact, if it is void of these items, it is going to start taking the minerals from us because water is a scavenger!



Property #5: The biggest benefit...AntiOxidizing!

Healthy property number five is that it must have natural antioxidant qualities.

Drinking water that is full of antioxidants will reduce oxidation and inflammation, which are the two key components that lead to sickness, aging, and every health disease known to man.

So if our water is not an antioxidant, it is oxidizing us, which means it is aging us.

It is making us sicker and is helping us body create sickness and aging in the body, ultimately. So our water should be an antioxidant. It should be able to push out those toxins.

It will neutralize those free radicals. It will reduce aging and inflammation in the body. So any type of "itis" is an inflammation that is in the body and our water should be able to push that out.

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So those are your five properties, and you're probably thinking yourself:

Am I drinking the best water? Which water has all five of these properties?

Well, I want to say yes there is and I found it, and my health has been better ever since. I already shared with you my story but never finished it.

So I looked into that water that my friend recommended, and luckily I was able to get my hands on it. I had to drive two hours and meet someone halfway there, and they gave me nine gallons of this special water.

And when they did, I drank as much of it as I could. And after four to five days, the symptoms of my plantar fasciitis started to dissipate.

Not only that, but my skin started to heal, started to clear up. It wasn't cracking and peeling anymore. And that's when I knew that there's a difference between waters. That not all waters are created equal.

And I'm telling you, when you're consuming water that has all five of these properties, your body will remove the toxins that you're taking in daily. It will keep you looking young and youthful, and ultimately, it's going to essentially be that fountain of youth.





Okay,

So, if you want to see this water that has...

If you want to try and/or see this water that has all five of these properties...

if you want to see it in action, simply add me as a friend on Facebook, and just ask to see the water. I will show you a really quick demo that will absolutely blow your mind about how this water can change your life.

And then we can maybe see what we can do to get your hands on this awesome water.

Thank you for taking the time to read this report. click the button here to connect with me on Facebook, and I look forward to meeting you real soon.

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